Awareness about SuJok Therapy among medical students

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Abstract: Su = hand and Jok = foot. it is Korean words relating to a therapy that employs hands and feet as treatment areas for the whole body. Professor Park, Jae Woo is a Korean scientist and philosopher. Exploratory study was conducted to find out awareness about sujok therapy among Medical Student.

Key Words: Sujok Therapy, Medical Student

INTRODUCTION: It is the ultimate goal of medicine to cure diseases, medical professionals should ponder upon and adopt on those theories and methods which would give effective results and provide the human race with conveniences for their daily lives.

Su = hand and Jok = foot. it is Korean words relating to a therapy that employs hands and feet as treatment areas for the whole body. Professor Park, Jae Woo is a Korean scientist and philosopher[1]. He is the originator of Su Jok Therapy. Through his scientific works he has developed a number of simple and effective systems of treatment, which have gained wide acceptance all over the world among practitioners and the general public. This is known as ONNURI medicine. There are more than 40 systems included in the ONNURI medicine[2,3,4,5].

MATERIAL AND METHOD: Present Exploratory study was conducted to find out awareness about sujok therapy among Medical Student. Stratified random sampling method of choosing the samples has been adopted. Data was collected 99 medical student and doctors of medical college of Bhavnagar.

Data was collected by Predesign Questioner consisting of 13 question (Appendix-1)

RESULT AND DISCUSSION:
All respondents are mostly from all the fields are aware of Allopathic medical system as it is the most prevalent existing system. Ayurved and Homeopathy is almost equally recognized in the eyes of the respondents of the survey. The respondents have experienced Ayurved and Homeopathy as in this country Ayurved is predominant as India is the birth place of this medicine.

Acupressure, acupuncture though very old medical treatment system are still not predominant in the modern world as old traditions are diminishing, in this modern era

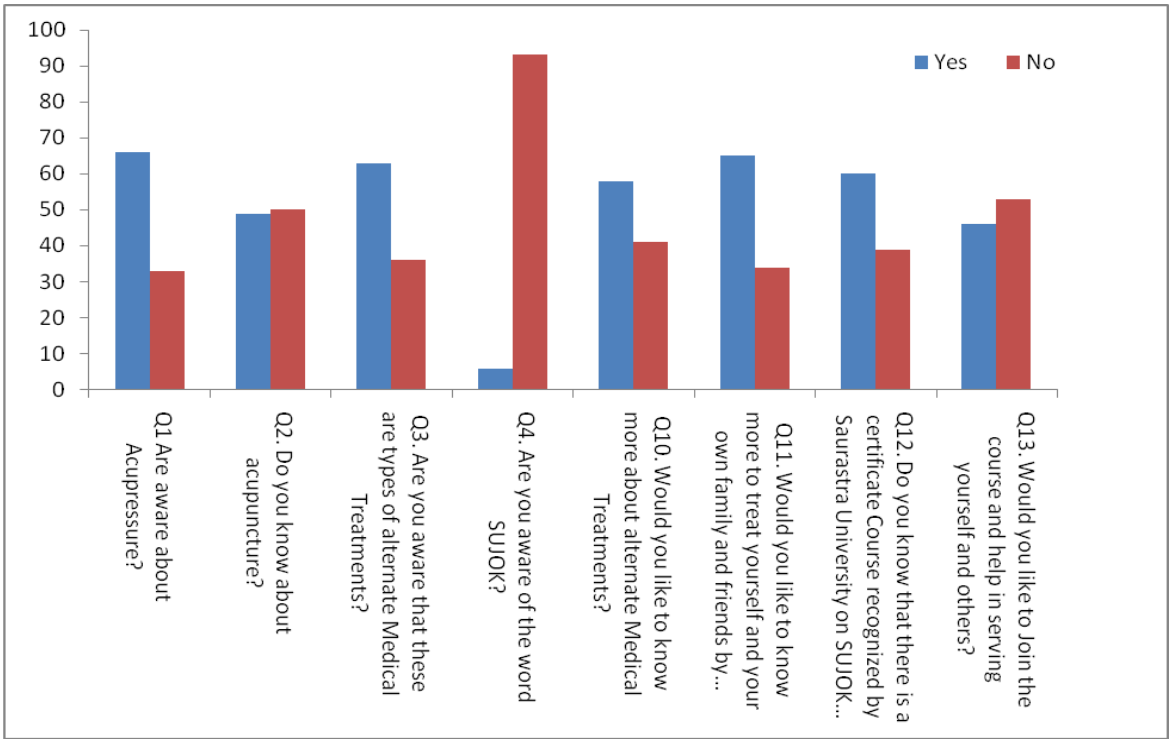
The requirement of treatment for the average Indian citizen is very high as the frequency of people using various treatments as per this survey is that, medical treatment is required at least once a month or more to 60% of the selected respondents, which in itself is a very astonishing finding.

However, with lot of awareness being created by the aftereffects and high expense involved in treatment through allopathic medicine people have started moving towards alternate medicine treatment.

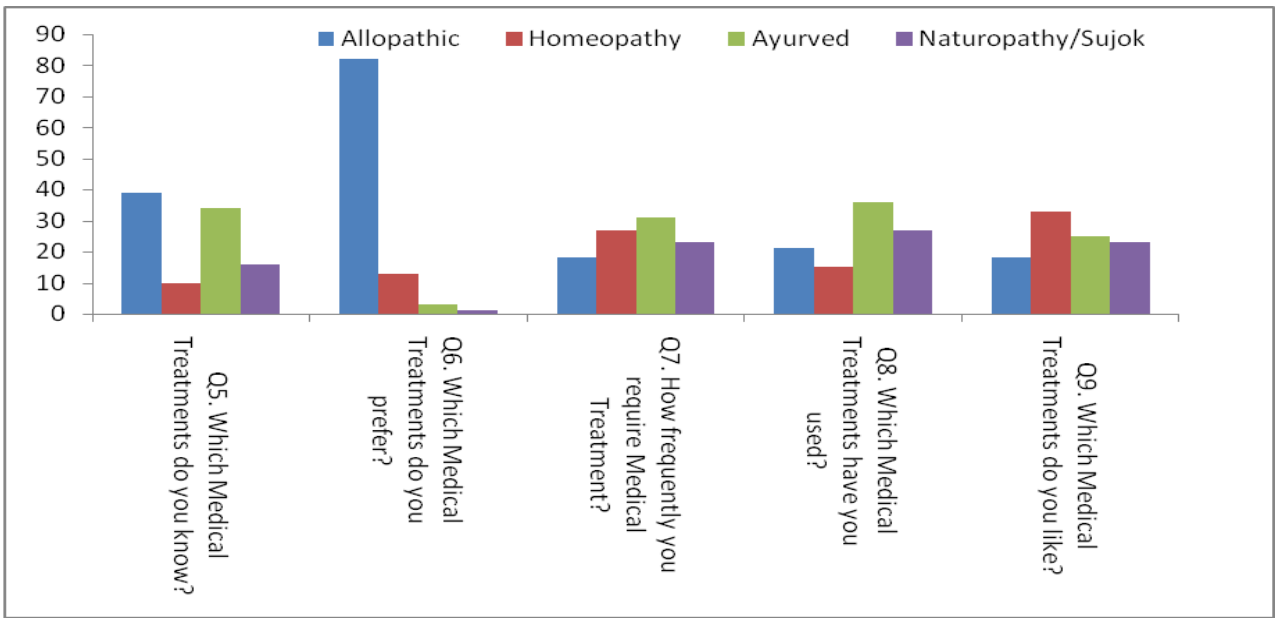
More than fifty percent of the respondents have shown interest in acquiring further information about "Sujok Therapy" and the answers to all the queries are deemed to be true lot of efforts and hard work has to be done to create Awareness about "Sujok Therapy".

From the research it is observed that the Saurastra people are becoming more price conscious and health conscious so many

Result Displayed graphically displayed in Graph I and Graph II



Graph I



Graph II

branches of alternate medicine systems can gain popularity and with proper marketing

efforts " Sujok Therapy" can become the next big revolution in the medical field.

The students in the medical faculty are all interested in knowing more about this science. They have shown keenness to learn SuJok therapy and its practices only after they attended the seminar before which most of them were not even aware of the word SUJOK. Hence to create awareness of this system very hard work is required from totally dedicated selfless workers, who have full knowledge of this field

Some of the faculty have shown interest as it is an easier way to impart treatment and it covers all aspects of human physiology. But as they are in the main stream of medicine they have to be convinced with research and practical findings which is bound to take a lot of time money and energy

LIMITATION OF THE STUDY : This exploratory research is done focusing on the alternate medicine perception scenario of Saurashtra region only therefore findings and suggestions given on the basis of this research and cannot be considered for the entire alternate medicine field.

Due to limitation of time and cost constraints a sample size of only 5 equity segment are chosen.

Data Analysis and interpretation done may not be that strong due to small sample and random sampling method.

Major source of data collected is primary which might limit the study.

Our own inexperience in the research field might have affected the results.

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